April 2023

Knights Knews

Grand Knight Report

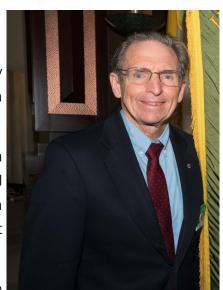
Brother Knights,

E. Patricia

Council

This week is the most important week of our Catholic Faith: Holy Week culminating on Easter Sunday. This is the time to reflect on our beliefs as we express in the Creed!

In March, our Council had a few members go to Mater Dolorosa for a men's retreat. If you haven't been on a retreat recently, I highly recommend going to one. Typically, the local Councils go in early March, so plan on giving yourself 'a treat to a retreat' next year. See the article included in this Bulletin on this year's retreat.



We finally had a "hybrid meeting" at our last Business meeting on

March 14. Thanks go to Dan Owens and Joel Bruemmer for getting it set up. While we didn't spend any money to make it happen, we did use two large TVs in the meeting room which were purchased for BINGO.

Our Council provided lots of support to the Spring 40 Days for Life Campaign as noted here:

- Participated in the Campaign's opening Eucharistic Procession and Prayer service near Planned Parenthood on March 5; we held the canopy for the Blessed Sacrament as we processed
- Signed up for Saturday prayer vigil hours on Saturdays; the sign-up sheets were organized by WDD Mike LoCollo
- Participated in the Campaign's closing Eucharistic Procession and Prayer service near Planned Parenthood on April 2; we held the canopy for the Blessed Sacrament as we processed. See the article included in this Bulletin.



KNIGHTS
OF COLUMBUS
IN SERVICE TO ONE. IN SERVICE TO ALL.

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Grand Knight Report Cont.

On Sunday, Mar 12, we had our annual St Patrick's Day Dinner. Thanks go to many Brothers for helping with special thanks to cooks Bob Joyce, John Linscott, Jim Fabry and others, audio tech Mark Griffith and video tech Dan Owens! Also, many thanks to Yaw Yaw sisters for baking Irish soda bread and decorating. Entertainment included Scoil Rinca Irish Dancers and songs performed by Clare and Byron Delto, Lupita Fanning, Ray Madden, some Yaw Yaw Sisters. We also had some brother hooligans that sang a few sing-alongs: these Brothers are still looking to know "what do you do with a drunken sailor!"

There are two more scheduled Fraternal Benefit webinars in April titled "PAYCHECKS AND PLAY CHECKS" by Tom Hegna as follows:

- ° Tuesday, April 4 at 5:30 PM PST
- Tuesday, April 11 at 6:30 PM PST

For the April 11 webinar, we will combine it with our normal Business Meeting. However, we will start the meeting at 6:30 PM so that we can have at least 7 in attendance to help get the Founders Award. PGK Jerry Padgett will have a great meal ready to eat by 6:15 PM to include hamburgers, macaroni salad, potato salad and chips!

On April 22-23, we will have a membership drive at St Rose similar to what we did in October. The October drive focused on our Pro-Life efforts: this time, we will focus on how the K of C promotes FAMILY and FAITH.

- I will speak at all the English masses
- Someone will speak at all the Spanish masses
- Show a video (only 1st 1:20) produced by the K of C called <u>INTO THE BREECH: FAMILY</u>
- Have a table outside the church under our K of C popup to include membership material and Chili Cookoff promotional material

We will need brothers at different masses to hand out prayer cards and man the K of C table.

On Saturday, April 29, we have a Seminarian Fundraiser at 6:00 PM at the St Rose Hall. Dinner is being provided by Viva La Pasta. Tickets are \$25 per person or \$45 per couple, which includes beer, wine or soda! That is one fantastic deal so save the date!

On Sunday, April 30, we have the Family Mass at 9:00 AM. Also, the Lemos family has another fantastic Pro-Life Breakfast after the 7:00 AM and 9:00 AM masses. See the article included in this Bulletin for a history of the Pro-Life Breakfasts.

Our Council and It's Future: I have scheduled at our hall on Sunday, May 7, at 1 PM, for a time to reflect on where we are going as a Council in the next 5-10 years. We are faced with many challenges now and in the future. This is not meant to be a planning event and we expect no immediate action items resulting from the meeting: the only action item is to record challenges, ideas and concerns. Other events and dates can be found on the schedule at the end of this bulletin.

Grand Knight Report Cont.

We are reducing clutter in our Trophy Cabinet and have placed old trophies and some pictures on the table adjacent to the Trophy Cabinet. Please feel free to take what you want from the table as the left -overs will be trashed by the end of April.

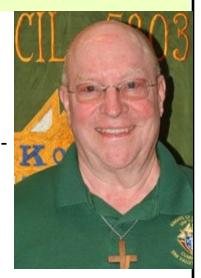
Brothers, please pray for me, and know that I pray for you!

Vivat Jesus GK Joe Ferrall

Deacon's Corner

Easter

The scene was a Communist prison camp in North Korea. Among the prisoners, all American officers, was Father Emil Kapaun, the outstanding hero of the Korean Conflict. He had won the heart of every P.O.W and the rage of the captors by his Christ-like devotion to the physical and spiritual good of all his comrades, no matter what their religion, race or nationality. "All man-all priest" was the way they described him. With threats and actual punishment the Communists hindered his every effort to conduct services, but he always managed.



On Easter of 1951 the heroic chaplain planned a sunrise service. It was a cold, raw day with the wind howling from Manchuria over the Yalu River. About 85 prisoners gathered on the steps of a bombed-out church. Catholic, Protestant and Jew were there, plus some who had no religion at all, but were starting to find one. Father had no facilities for offering Mass, but he did recite the Rosary and the Stations of the Cross. He read some of the Mass prayers and a few passages from the Bible, especially the story of the Resurrection. Very few eyes were dry when it was over. There was hope. Here was new courage. Here was new meaning to their almost unbearable life!

Why did Chaplain Kapaun and his companions risk inhuman punishment from their godless captors by holding an Easter service? Because they really believed that Jesus rose from the grave, because they hoped that Christ would deliver them from the living grave of that horrible camp, because they believed that death itself would be overcome by Him who promised: "He who lives and believes in me shall never die."

This was not mere wishful thinking on the part of those prisoners of war, nor on our part. We are certain, we are positive that Christ rose from the grave and that we will rise form the grave.

Viva Jesu

Deacon Terry

Knights of Columbus Insurance

Easter greetings! As we roll through the first full month of spring we celebrate Easter with thoughts of gratitude for the gift of new life. The Resurrection and thoughts of our Savior's sacrifice and triumph over death are fresh in our minds and hearts. The dreariness of winter and Lent fade away with April rains that seem to have their own scent. All nature seems in bloom. Trees barren not long ago are now budding and flowers begin to poke through the warming soil. For many, it's their favorite season of the year.

Along with everything else going on in April, it is also Autism Awareness month. The Autism Speaks website (www.autismspeaks.org) contains much more information that I can give you here. Autism has been more widely discussed and better understood in recent years. Although the TV show "The Good Doctor" portrays a doctor who has autism, those with Autism Spectrum Disorder exhibit a broad range of characteristics. Many have much less functionality than the doctor portrayed on the show. I mention



this because many of us know of someone who is on this autism spectrum. If diagnosed early in child-hood and intervention begun, those with autism may still live a relatively normal life. However, many with autism struggle and have other complicating medical or psychological issues and need much support during their lives.

That's where the Knights of Columbus Family Fraternal Benefits may be able to help. The Family Fraternal Benefits cover a number of situations. One benefit addresses the child who is older than 60 days and younger than 18 and is uninsurable according to our ordinary underwriting practices. Many children with autism as a primary or secondary diagnosis fall into this category...uninsurable. For those children, the Order has a special family fraternal benefit that allows the issuing of an ordinary permanent life insurance policy on this uninsurable child. Some members may be unaware of this benefit, but it's great news for any parent with a child who does not qualify for life insurance. There are some other qualifiers for the parents and any other children in the family, including that the father must be a member in good standing in his council. I won't go into the others here, but this is a very worthwhile benefit, not only for those children with autism, but for any child who may be uninsurable.

If you know of a Catholic family that may have a child with autism or any family with a child who is uninsurable, please reach out to me. They may be unaware of this benefit. I will be happy to contact

them explain this valuable protection that is available. If you prefer, give my name and contact information to that parent so they can contact me at their convenience. As always, there is never any requirement to purchase any product, but a consultation about this benefit may bring them some small comfort. As always, thank you for the opportunity to serve you, my members. Enjoy your spring!



Frank's Fitness

The Number 1 Lifestyle Factor Impacting Health and Longevity

Last year more money moved into longevity research than any time in history, and this year will exceed the one before. Reported studies hint at possible breakthroughs in lifespan/healthspan, but then conclude that more study is required to realize these potentials. Way more letdowns than excitement, but progress is accelerating in my mind.

Meanwhile, the basic strategies to maintain health long-term are those I site in my 6-Pillars for Senior Fitness promoted on my website: Keep current with Antiaging technology, Eat real food - not in excess, Exercise, Sleep adequately, Use proven supplements and Cultivate productive thinking and a Grateful attitude. A few years ago I added Rejuvenation



Strategies as a 7th Pillar, and productive strategies are indeed being realized. Most of the experimental drugs in the research pipeline are tested on short-lived animals or lower life forms, and show great improvements, some on the order of doubling lifespans. But when tried on humans, add mere weeks or months rather than years or decades to projected lifespan. Often these benefits are compared to the benefit of lifelong exercise, and found to be significantly less than simply being physically active on a daily basis.

Last month I wrote about eliminating senescent cells with <u>Senolytic Activator</u> as a viable strategy to extending healthspan, which I have been using for a few years. This practice looks to reduce inflammation that intensifies with aging, and in doing so, slows late-life decline into the diseases of aging – possibly staying healthy decades longer.

Sometime before that I wrote about boosting NAD+ levels (an enzyme required for energy production) with a precursor Nicotinamide mononucleotide (NMN) which will restore youthful energy levels: for how long, we don't know, but I stopped needing naps when I started using it, and 4 years later never think about needing a nap.

Still, these potential breakthroughs are measured against the life-extending benefit of exercise, and so far exercise wins. Of the forms of exercise in practice, nothing works as well for aging as Progressive Strength Training. The primary hallmark of aging is muscle loss, and Strength Training grows muscle, at every age.

Frank's Fitness Cont.

Strength Training is complicated; many practices need to be learned, and every body part requires a particular movement and proper form to get the full benefit and avoid injury. One needs to acquire a fondness for moments of extreme exertion and for the soreness that comes a day-and-a-half later and lasts for two days. A well-equipped gym is a realistic requirement, and learning this on your own is an injury trap – you need a competent trainer, with a specialization in senior fitness. I work out of <u>Island Health and Fitness</u> and have openings in my schedule, and free advice is available to all by email or phone.

To Your Greater Health and Fitness – In Christ, Wishing you a Blessed Holy Week and Easter Season,

Frank

Dominick's Corner

Military Service of SK Gerald Pitstick

I lived in Earlville Illinois when I joined the Illinois National Guard in Nov. 1966. I was ordered to active duty March 17, 1967 and sent to boot camp March through July at Fort Dix, New Jersey. I completed my Basic and Advanced Infantry training and was assigned an MOS of 11B10 which is light weapons infantry. I qualified as a sharpshooter on the M14 assault weapon. I also qualified on 45 pistol, the 50 caliber machine gun and the grenade launcher. I was then sent for duty to the National Guard unit in Ottawa, Illinois and given a WW11 M-1 rifle with a bayonet. In basic training I volunteered for motor pool training, ATP21-114. I also completed the Military Code of Conduct and course B-Military Justice. Later they selected me to be the Company Captain's driver during AIT. This minimized my forced marching and limited my gas mask training. Before my first summer camp and after two Federal call-outs (Nov.'67Democratic Convention and Martin Luther King assassination) anti-war protests and riots in Chicago, I was sent to

the National Guard Cook Section where I progressed to First Cook and the rank of Specialist 4th Class.I participated in four, 2-week summer camps at Camp Riley near Brainaird, Minnesota; 52 monthly weekends at the local National Guard Armory; 5 flood alerts; and 2 Federal Call-outs. My service time was reduced to 5 1/2 years of a 6 year commitment for being activated twice for the Ant-War protests and the Chicago riots.

Awards: Good Conduct National Defense Sharpshooter



Dominick's Corner Cont.

Military Service of Ed LaFata

I joined the United States Army in April of 1952 and was sent to Fort Riley, Kansas for my boot camp training. After boot camp I was assigned to the 371st Army Band at Fort Leavenworth, Kansas. My hobby was drumming in civilian life so the Army decided to use that experience and add me to the Band as a drummer. I was happy with that assignment because I was doing what I liked and it was quite interesting. We played for all important dignitaries who visited the base, such as generals, senators, congressman, etc.

When Kansas City, Mo. had its Centennial Celebration, we became part of the entertainment group along with the famous Ray Anthony Band and many other entertainers. Fort Leavenworth was also the Army's Officers College where they trained officers. Whenever they had an event of any kind we had to perform as requested. All in all I was quite happy with my job. I was doing what I liked and it kept me out of combat. I did what the Army asked me to do and I am proud to have served my country. After two years of active duty I was discharged in March of 1954.



Awards:

National Defense

Good Conduct

Sharpshooter

pril Bereabement & Fraterna

Brothers and Sisters in Christ This month we mourn the passing of Ferdie Pineda's mother, Felicisima Basa, Bill Tatone, son Bud (d), Barbara Tweedy's son Erick. Please keep the Pineda, Basa, Tatone and Tweedy families in your prayers. Please keep the following especially in your prayers: PGK Tony Demarco, PGK SK Bill Martin, Jo McKinley wife of PGK SK Al (d), Deacon SK Terry Reibenspies, Maddy wife of Don Corson, Marian Babcock, Joyce Erickson sister-in-law, Amanda niece of SK Fred, SK Tony Lemos, Terry Brown sister of PGK SK Dan Owens and SK Duke Kopacz's wife Roberta.

The sick below and their families are also in need of our love and prayers.

Julie Scrivano Daughter and lori wife of Alfredo Hernandez and his sister PGK/SK Bill Alexander

Jeff Anderson

David Babcock and wife Maddy

Regina Barbosa daughter of SK Steve Logan Brammer's mother-in-law

PGK SK Ron Brown

SK Jerry Brusseau and family

Andrew Budinski

PFN Alan Canfield

SK Richard & Susie Case

Guillermo Camarena's father

Bernadette, wife of Hugh Chisholm (d)

Rosa Camacho

Juanita Camacho mother of Tony

Brian and Joseph Conant grand nephew and cousin of PGK/PFN Herman

Patricia wife of SK Carl Cornell (d) Marian Corson wife of SK Don Corson

Trudy wife of PGK/PFN Dominick

Costanzo

SK Tony Crane

PGK/SK Tony DeMarco, Abrianna granddaughter and Jennifer DeMarco

lezza daughter

Sahera sister of SK Sam Doka

Ritamarie wife of John Downy

Andy Duport

Joyce Erickson sister-in-law, Amanda niece and Pam wife of SK Fred Erick-

son (d)

SK Jim Fabry and grandson Seth Diana Fabray wife of Chris

SK Neil Fanning, wife Luppita

PFN SK Joe Ferrall and his friends

Matt Weaver Sr.& Jr.

Brian Fransen son of SK Don (d)

Carmen Zarcone grand-daughter, Janice Buck niece and Rose mother

of Paul Friedeborn

Peggy, wife of Gerald Giarrusso

Nick Gomes and wife Joanie

SK Cody Gorecki

SK Peter Grace

Jacqueline Griffith mother of SK Mark

Tanya Guzman

SK Šob Hacia's Sister in law Dalton Collins and uncle Tom Riza

Alejandro Hernandez

SK Tim Hodgins and wife Terry

SK Lance Holman

Lois, wife of PGK SK Ron Huerth Gayle Ireland wife of PGK/SK Russ

George Powell in Law, Walter Bingham uncle, Sara Jayne Powell Sister, Tim son, Marianne and Carol daughters of

SK Tom King

SK Duke Kopacz's wife Roberta

Tony Lemos and his brother Joel

Vincent Lendonne

Harold (Chris) Lev Jr.

Bob Linscott Nephew of SK John (d)

John Linscott Jr DD Mike Locolo

Jackie Loniero son of Tony

Marlene Looney

Veronica Lopez & Alberto Anaya

cousin & nephew of SK Alberto Lopez SK Joseph Lopez and Daughter Den-

Julia Mora, daughter of SK Joe Lopez

PGK/PFN SK Tom Lotz

Leo Maciel

Ray Madden's brother-in-law Lou PGK/PFN/SK Henry Mancilla and his

brother-in-law Alejandro Arellano Scott, grandson of PFN Henry Mancilla

SK Jim Manda

Andrew Richards friend of SK John

Makenzie

Fr John Moloney **PGK SK Bill Martin**

PGK John McCracken and his wife

Kellie daughter and Jo McKinley wife of PGK SK AI (d)

Charles Miserendino

SK Tom Morrissey and wife Hope Terry Brown sister of SK Dan Owens

Saylor Padgett, Mateo Briones grandchildren, Miguel & Cecelia Briones Father & mother in laws, PGK David Cabone and Rita Costello friends of

PFN/PGK Jerry Padgett SK Jerry Padgett's grand-daughter Logan and Mother-in-law Mary Gard-

Stephen Paisley son of Marilyn Martin Pitstick brother of PFN/SK Jerry Bree Rayburn, wife of SK Russ Ray-

burn Deacon SK Terry Reibenspies

Sean Reeves

PGK/FN Gerry Riss niece Erin Hughes, cousin Mike Novak and friend Steve Stark

SK Tyler Ritch

Jean Roberts wife of SK Ed

Wilda Rodriguez wife of PFN Anthony

SK Willy Romero and family

Sam Nenca cousin of SK Willie Romero

Michael Pielaet in-law of SK Jeff Sage

Miriam wife SK Louie Sanchez (d) Amber Santiago and children

Greg Secor john Segar

Fr Joe Shea

Angie Smith, wife, sons David and

Chris of PGK SK Bob

Susan Smith, wife and Alex son of

PGK SK Christopher

Mac Senise son Of Gary and Moira

Sara, wife of Jim Spencer

Mary wife of PGK/PFN Bob Spielman Elaine sister of PGK/PFN Bob Spiel-

man

Peter Stiner

SK David and wife Alberta Tellez Brian Lampkinf son in Law of SK David

Telez

PGK SK Earl Todd

Kitty Fidermutz, daughter of

Lonnie Todd

Sandy, wife of Mike Tortorici

Ginger Trematore Wife of SK Joe(d) Ruben Valdez

Venegas Family

Daniel Videgain

SK Gene Walinski and wife Kathy Colleen, wife of Jim Wehr (d)

Chelsea grand-daughter of Jack White

Shirley, wife of SK Dan Zengierski

Please continue praying for our service men and woman, they serve throughout the world helping to maintain peace and the deals of our country.

My brothers, if you know of someone in your family, or a friend who is in ill health, who needs our prayers, or of someone who can thankfully be removed from the list, Email me or a call at the address or number below.

Peace and God's blessings from your Bereavement and Fraternal Ministry.

Jerry Myszkowski, 805 522 1641 jmyszko@yahoo.com

NEXT BLOOD DRIVE

Please take the time on Saturday June 17 to donate a pint of the red at the Knights of Columbus coming blood drive Saturday June 17 from 7:30 to noon at the St Rose of Lima Parish Hall. Call Paul Friedeborn at 805-395-1126, Vitalant at 805-654-1600 or contact them online to make an appointment.

HELPING HANDS

Thank you all that were able to help with the Kiwanis Roundup Music Festival at Rancho Santa Su Community Park Saturday April First. All the monies raised by them goes back into the community.

If you know of any Knights, family members or community members in need of assistance let me know and I will run it through the Grand Knight.

Homeless Dinners

The homeless dinners are served between 5:50pm – 6:30pm at the Knights hall. If you would like to help give Rick Ostrich a call at 805-501-8818.

Pending Motions

\$400 for the Aguinaga family to help her financial situation.

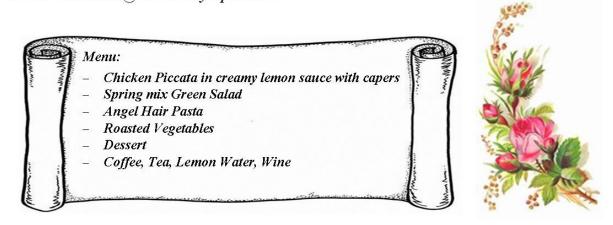
\$300 for Merced Flood victims.



Sunday April 16th, 1 pm Council 5803 K of C Hall

The Sir Knights of Father McDonagh Assembly 2557 invite the Ladies of our Assembly and Council 5803 to the annual memorial luncheon, in honor of one of our treasured Lady Knights. It is also a time set apart for the Knights to show their appreciation for all of our Ladies, for all that they do for our Assembly and Council. We would not be as successful as we are if not for each of you. Please come and spend the afternoon, it is sure to be a great time together and we really hope to see you there.

Sir Knights please dress in Tuxedo or dark suit, white shirt and tie to serve the Ladies. Reservations required. Please RSVP to Dan Owens 805-522-8583 (leave message) or Email DVOJLO@aol.com by April 10th



Council Retreat













On March 3rd through March 5th the Council held a weekend retreat at Mater Dolorosa in Serra Madre. The theme of the retreat was "Finding the divinity within". We were led to discover the complex relationship between ourselves and Jesus Christ. We were provided with a deep dive to help discover where Jesus Christ resides deep inside us. We all thought that this was a very meaningful weekend and had lasting discoveries about ourselves and our relationship with God.

40 DAYS FOR LIFE SPRING CAMPAIGN FOR 2023

40 Days for Life has reported that 331 lives have been saved since the spring campaign started on Feb 22, including 2 babies saved at our local campaign at Planned Parenthood Thousand Oaks. Praise God!

On Sunday, April 2, the campaign ended with a Eucharistic Procession and prayer service near Planned Parenthood. Over 50 adults and children attended the closing Eucharistic Procession, Adoration and bi-lingual prayer service with Fr Luis Estrada as the celebrant and brother Knights from various councils and two deacons. Brothers from our Council 5803 and Assembly 2557, Greg Liu, George Gnesda, Dan Owens and Joe Ferrall, processed with the canopy which shielded the Blessed Sacrament and Fr. Luis. Brother Randy Beach had a pop-up ready for the prayer service where we prayed the Rosary, Divine Mercy Chaplet and Benediction service.









HISTORY OF PRO-LIFE BREAKFASTS KNIGHTS OF COLUMBUS COUNCIL 5803 By SK Tony Lemos

In the Fall of 1993, when the late great PGK Al McKinley wanted to retire as Pro-Life Chairman so that he could concentrate his efforts on the Chili Cook-off, PGK Bob Medeiros asked a few of us if we would be willing to put on a Pro-Life Breakfast at St. Peter Claver Parish. We served the usual eggs, sausage and pancakes – and made about \$350.00.

Having grown up working in the restaurant business, we knew there was a bigger potential for making more money for the cause. So, in the years that followed, we experimented with a few new ideas like adding items to the menu such as potatoes O'Brien, quiche, biscuits & gravy, Danish, fruit — and eventually champagne mimosas. With an average of 3 Breakfasts per year and approximately \$1500.00 per event, we have been able to raise an estimated \$135,000.00 for the Life Centers of Ventura Country in the last 30 years. In the early days, we even experimented with a couple of Mexican Dinner fundraisers, which were also successful.

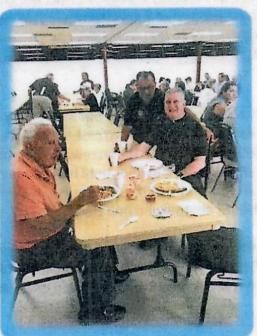
Our wives have been on hand to help out at every event, as have our children, who have grown up serving at these breakfasts. We've had our core cast of regulars, including our "Egg Man" Eddie Perez, "Sausage Guy" John Lemos, Robert "Flap-Jack" Tomaszewski, "Champagne Bob" Smith, "DJ" Victor Lemos — and the great Ralph Rogers, who worked the door until his final days. There are too many others to name that have assisted us over the years, but some of the standouts are Norn Oullette, Neil Fanning, Tony Bonomo, Paul Friedeborn, Chris Smith, Richard Beutow and Bob Hacia.

It has been quite a ride, lo, these past 30 years - and we'll continue to do this as long as we can, God willing. We have to – because, as a Council and as a people of God, we can never stop fighting against the horror of abortion until it is eradicated from our nation once and for all.













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2022 - 2023 OFFICERS					
Grand Knight	SK Joe Ferrall	(805) 428-1894	jnl_70@outlook.com		
Spiritual Advisor	SK Deacon Terry Reibenspies	(805) 390-0745	terryreib@pacbell.net		
Deputy Grand Knight	SK Chris Fabry	(805) 624-9858	chrisfish74@hotmail.com		
Chancellor	SK Paul Friedeborn	(805) 522-6080	paulf@rsrpd.us		
Warden	John Lemos	(805) 791-7789	lemos.hvac@yahoo.com		
Recorder	Nick Wirtz	(805)791-5145	snickerdudeenw@aol.com		
Financial Secretary	SK Lee Olson	(805) 907-2984	maleegic@aol.com		
Treasurer	SK Jim Hook	(805) 579-8438	jhook643@gmail.com		
3-Year Trustee	PGK Jerry Padgett	(661) 492-5473	jtpadgett2013@gmail.com		
2-Year Trustee	PGK Chris Smith	(805) 579-7373	groobee@sbglobal.net		
1-Year Trustee	PGK Bob Smith	(805) 578-0434	truestorybob@hotmail.com		
Advocate	SK Joel Bruemmer	(818) 307-3590	bruemmer@pacbell.net		
Membership Chair	Jay Espiritu	(805) 587-9028	jayespiritu@sbcglobal.net		
Guard	John Downey	(805) 579-8970	johnandrita@sbcglobal.net		
Guard	Andrew Chauvin	(805) 295-7083	andrew.chauvin@gmail.com		
Guard	John Linscott, Jr.	(805) 428-8145	johnlinscottjr@sbcglobal.net		
District Deputy	SK Mike LoCollo	(805) 231-6188	mikelocollo@rosdrunner.com		
Insurance Representative	SK Willie Romero	(805) 522-1916	wilfrido805@hotmail.com		

COUNCIL 5803 EVENTS AND CHAIRMANS					
EVENT	CHAIRMAN	TEL	E-MAIL		
On Going/ As needed					
Bingo	On going	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com	
Blood Drive	On going	SK Paul Friedeborn	522-6080	paulf@rsrpd.us	
Christian Service Program	On going				
Family Mass	5th Sundays				
Fish Fries—1st Friday	1st Fridays	SK Tony Bonomo	805-407-0578	marilyn@marilynehrman.com	
Healthy Living Director	On going	SK Frank Wilhelmi	526-6194	wilhelmi@pacbell.net	
Helping Hands	As needed	SK Paul Friedeborn	522-6080	paulf@rsrpd.us	
Homeless Breakfast	Monthly	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com	
Homeless Dinner	3rd Fridays	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com	
Membership Chair	On going	Jay Espiritu	587-9028	jayespiritu@sbcglobal.net	
Admissions Chair	On going	PGK George Gnesda	522-5699	g.gnez@yahoo.com	
Knights Knews- Bulletin	On going	SK Joel Bruemmer	(818)307-3590	bruemmer@pacbell.net	
Pro-Life Breakfast	5th Sundays	SK Tony Lemos SK George Lemos	584-3803 584-9816	eliman7@sbcglobal.net lemos11@sbcglobal.net	
Rosary for the Unborn	1st Saturday	SK Tony Lemos SK George Lemos	584-3803 584-9816	eliman7@sbcglobal.net lemos11@sbcglobal.net	
Various Food Drives	TBA	TBD			
Seasonal					
Fish Fries- Lenten	Ash Wed to East- er (Fridays)	SK Tony Bonomo	805-407-0578	marilyn@marilynehrman.com	
Monday Night Football	Sept- Jan	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com	
Bowling	Sept-May	PGK George Gnesda	522-5699	g.gnez@yahoo.com	
PADS	Oct-April	PGK Rick Ostrich	501-8818	rickostrich@yahoo.com	
K of C 5803 Toy Drive	Oct-Dec	PGK Cliff Wirtz PGK Norm Ouellette	208-8970 551-3704	cawpaw@aol.com njouellette7@yahoo.com	
Once Per Year					
Charter Night	TBD	SK Richard O'Donnell	522-0906		
Super Bowl Party	February	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com	
Annual Men's Retreat	March	Oren Robles	(805) 432-6034	orencio8@yahoo.com	
St Patrick's Day Dinner	March	GK Joe Ferrall	428-1894	jnl_70@outlook.com	
Scholarship	Spring	PGK Bob Smith	587-0434	truestorybob@hotmail.com	
Free Throw Contest	Spring	PGK George Gnesda	522-5699	g.gnez@yahoo.com	
Soccer Chalange	Spring	GK Joe Ferrall	805-428-1894	jnl_70@outlook.com	
International Dinner/Vocation Sun.	TBD	PGK Cliff Wirtz	208-8970	cawpaw@aol.com	
Chili Cook Off	June TBD	SK Lee Olsom	805-527-7542	maleegic@aol.com	
Installation of Officers	July				
Turnover Dinner	July				
PGK Testimonial Dinner	September	PGK Bob Smith	578-0434	truestorybob@hotmail.com	
Simi Valley Days	September	SK John MacKenzie PGK John Antonacci	522-9818 559-2944	ukmackenzie@yahoo.com john_thetilepro@yahoo.com	
Bishop Fishing Trip	Oct	PGK Christopher Smith	579-7373	groobee@sbcglobal.net	
Dream Cuisine	Oct	PGK Cliff Wirtz	208-8970	cawpaw@aol.com	
MRC Tootsie Roll Drive	October	PGK John Antonacci	559-2944	john_thetilepro@yahoo.com	
Columbus Day Dinner	October	SK Tony Gammariello	522-9548	tgammy@yahoo.com	
Thanksgivng Dinner / Turkey Shoot	November	PGKs Jerry Padgett & Rick Ostrich	661-492-5473 501-8818	rickostrich@yahoo.com	
Memorial Mass	November	PGK Bob Smith	578-0434	truestorybob@hotmail.com	
Hanicapable Lunch	December	DGK Chris Fabry	805-624-9858	chrisfish74@hotmail.com	
New Years Party	Dec 31st				

April 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						*Men's Holy Hour 7AM *Rosary at As- sumption 9:30AM *Bingo *40 DFL at planned parenthood
Eucharistic procession planned parenthood 3:00 PM	3 Chili Cook-off meeting 6:30PM	4 Fraternal Benefits Webinar 5:30PM Virtual 5803	5	6 No Bowling HOLY	7 No Fish Fry GOOD	8 * <u>No Bingo</u> HOLY
PALM SUNDAY		Officers Meet- ing 7PM		THURSDAY	FRIDAY	SATURDAY
9 EASTER	10	Fraternal Benefits Webinar 6:30PM 5803 Business Meeting 6:30PM	12	13 Bowling	14	*Men's Holy Hour 7AM *Bingo
*4th degree Ladies Luncheon *Homeless Dinner 6-7PM PADS 7:30 PM	17 Chili Cook-off meeting 6:30PM	18 Men's disciple group 7pm	*4th degree Officers meeting 6PM Rosary 7:00PM Meeting 7:30PM Nominations	20 Bowling	21	*Men's Holy Hour 7AM *Council Member- ship Drive *Bingo
23 *Council Membership Drive * Ya-Ya meeting 1PM	24	25	26	27 Bowling	28	29 *Men's Holy Hour 7AM *Seminarian Bene- fit Dinner 2:00 PM *Bingo
30 *Family Mass 9AM *Pro Life						Diligo
Breakfast						Page 19

May 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	Chili Cook-off meeting 6:30PM	2 5803 Officers Meeting 7PM	3	4 Bowling	5 Fish Fry	*Men's Holy Hour 7AM *Rosary at As- sumption 9:30AM *Bingo
7 Council and it's Future Meet- ing 1:00PM	8	9 5803 Business Meeting 7PM Council Nomi- nations	10	11 Bowling	12	*Men's Holy Hour 7AM
14 Mothers Day	15 Chili Cook-off meeting 6:30PM	16 Men's disciple group 7pm	*4th degree Officers meeting 6PM Rosary 7:00PM Meeting 7:30PM 4th degree elections	18 Bowling	19	*Men's Holy Hour 7AM
21	22	23	24	25	26	27 *Men's Holy Hour 7AM
28	29	30	31			